



# January 2024 Community Calendar



**TREE OF MEMORIES.** For those who hung a memorial ornament on the Christmas tree in the Gazebo on Mountain Street, if you wish to get your ornament back after the Christmas season is over, please have it removed by January 15th.

- 1 **DUVAL OPTIMIST CLUB BINGO**, **Cancelled**.
- 2 **AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend.
- 3 **SENIORS DROP INN TEA & TALK, COFFEE & CONVERSATION, OR WATER & WITTER**, 2:00 p.m. to 4:00 p.m. **Every Wednesday**. Meet your friends for a quiet afternoon.  
**DUVAL RINK BURGER NIGHT**, 5:00 p.m.
- 4 **SENIORS DROP INN THURSDAY BRIDGE**, 1:30 p.m. Play, learn, teach, laugh, and have fun. **Every Thursday**.
- 5 **CHAIR YOGA**, 12:20 p.m. – 12:50 p.m., Strasbourg Lower Memorial Hall. \$15.00 drop-in or \$50.00/for 5-week session.  
**SENIOR DROP INN FRIDAY AFTERNOON CARDS & GAMES**, 1:30 p.m. Play Rook, 500, Crib, Rummy, Scrabble, Tile Rummy, Dominoes, etc. Followed by coffee and snacks. **Every Friday**. Birthday cake, strawberries, and ice cream served on the last Friday to celebrate monthly birthdays!
- 7 **PICKLEBALL**, Strasbourg School (WDS) Gym, 4:30 p.m. – 7:00 p.m. Enter through the middle doors. \$50.00 for the season or \$5.00 drop-in. Bring a water bottle, and clean shoes are required. **Every Sunday**. Everyone 18+ are welcome.
- 8 **FOREVER IN MOTION (SENIOR FITNESS 50+)**, 10:00 a.m. - 11:00 a.m., Strasbourg Memorial Lower Hall. **Every Monday and Thursday**. If you wish to walk ahead of time, please come at 9:30 a.m. Please bring clean runners, fitness band, and water bottle. All fitness levels are welcome. No charge. Note: this is a scent free activity.  
**MEDICAL ASSISTANCE IN DYING PRESENTATION**, 2:00 p.m. Strasbourg Library. Presented by NP Jennelle Hubick and Dr. Lillian Thorpe.
- STRASBOURG RECREATION BOARD MEETING**, 7:00 p.m. in the Council Chambers. If you are interested in new programs happening in the community or you are interested in becoming involved with the Recreation Board, please call Carol at (306) 725-3360. New ideas and new members always welcome!
- LAST MOUNTAIN THEATRE COMPANY REGULAR MEETING & AGM**, 7:00 p.m., Legion Room in the Strasbourg Memorial Hall. Anyone interested in any aspect of theatre is welcome to attend.
- 9 **INDOOR WALKING**, 9:00 a.m. – 10:00 a.m. Strasbourg Memorial Lower Hall. Walking every **Tuesday and Friday**. Clean indoor runners required. Everyone welcome. Sponsored by the Strasbourg Rec Board. Call Diane with any questions at (306) 725-8101.  
**AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend.
- 10 **DUVAL RINK WING NIGHT**, 5:00 p.m.  
**TOWN COUNCIL MEETING**, 7:00 p.m., Town Council Chambers.
- 11 **FIRE TRAINING & MEETING**, 7:00 p.m., Strasbourg Fire Hall.
- 12 **NO ONE EATS ALONE**, 5:00 p.m., New New Chop Suey House. Register with Ashley at (639) 914-7088 by January 11. Enjoy a great meal and good company.
- 15 **DUVAL OPTIMIST CLUB BINGO**, Duval Hall. Speedos at 7:00 p.m. Regular games half an hour later.
- 16 **SHUFFLEBOARD TOURNAMENT**, 2:00 p.m. Senior's Drop Inn Centre. Both table and floor games. Teams of 4. Free to join. Prizes TBA.  
**AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend.
- 17 **STRASBOURG SHARED MINISTRY CHRISTIAN UNITY LUNCH**, St. John Lutheran Church.  
**DUVAL RINK BURGER NIGHT**, 5:00 p.m.  
**LAST MOUNTAIN VALLEY BUSINESS ASSOCIATION (LMVBA) MEETING**, 7:00 p.m., Strasbourg Lions Den. Important call for all interested businesses to attend the meeting on the FUTURE of the Association. Your presence is of the utmost importance. Please attend.
- 19-21 **MEN'S TIME OUT WEEKEND**, Arlington Beach Camp. For more info and to register, please visit [www.arlingtonbeachcamp.com](http://www.arlingtonbeachcamp.com)
- 20 **TOBOGGANING IN THE HILLS**, 2:00 p.m. Meet at Strasbourg Alliance Church to carpool up to the sledding hill. Hot dogs and hot chocolate will be provided. In case of no snow, please watch our Facebook page for change of event.
- 22 **WELLNESS CLINIC**, 1:00 p.m., Strasbourg Library. Topic of the month: *Managing Chronic Disease* with Jennelle Hubick, NP. Foot care will be provided by Peggy Gwillim for \$15.00. To book foot care, call (639) 914-7088. For a free ride, call Sherry at (639) 914-7006.
- 23 **STRASBOURG RECREATION BOARD AGE-FRIENDLY TOONIE LUNCH**, 11:30 a.m. – 12:30 p.m., Strasbourg Memorial Hall. Menu: Hot Dogs, Baked Mac and Cheese. Call Sherry (639) 914-7006 for a free ride to the event. Everyone 55 and older.  
**AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend.
- 24 **STRASBOURG SHARED MINISTRY CHRISTIAN UNITY LUNCH**, Strasbourg Alliance Church.  
**DUVAL RINK WING NIGHT**, 5:00 p.m.  
**TOWN COUNCIL MEETING**, 7:00 p.m., Town Council Chambers.
- 30 **AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend.
- 31 **SCHOOL'S OUT DAY CAMP AT ARLINGTON BEACH CAMP**. 9:00 a.m. – 4:00 p.m. for children 5-14 years of age. For more info and to register, please visit [www.arlingtonbeachcamp.com](http://www.arlingtonbeachcamp.com)  
**DUVAL RINK BURGER NIGHT**, 5:00 p.m.



**Phone Chain – Ensure everyone stays safe this winter. Call or text (639) 914-7088 to be added to the chain!**

**AGE-FRIENDLY STRASBOURG IN PARTNERSHIP WITH STRASBOURG SHARED MINISTRY** will be taking names for anyone needing a food hamper. All information will be kept confidential. Financial donations can be left at the Strasbourg Co-op. Please make cheques payable to *Strasbourg Shared Ministry*. If you or someone is in need of a food hamper, please contact Community Coordinator Ashley Scholefield at (639) 914-7088.

## Library News

**Tuesday:** 10:30 a.m. - 2:30 p.m. & 3:00 p.m. - 6:00 p.m.  
**Thursday:** 10:30 a.m. - 4:30 p.m.  
**Friday:** 10:30 a.m. - 4:30 p.m.



Any self-publishing local authors in the area? We would love to have your book on the shelves in the Library. Also looking for local authors to come out and read from their books. Contact Angela to make arrangements.

All new readers welcome! **FREE WI-FI** available. The Library has DVDs and VHS tapes available to be signed out. **Contact Angela at (306) 725-3239 for more details.**

**If you have an e-reader and would like to download free e-books, all you need is your library card. Just visit:**  
<http://www.prl.ab.ca/ebooks>

*Submit your events by email on or before the 23<sup>rd</sup> of the month to [strasbourg@sasktel.net](mailto:strasbourg@sasktel.net). Community Calendar available on the Town of Strasbourg website [www.townofstrasbourg.ca](http://www.townofstrasbourg.ca) and Facebook page. The Community Calendar is a free service offered by the Town of Strasbourg on behalf of the Strasbourg Recreation Board. While we make every effort to ensure accuracy, errors and omissions still may occur and are not intentional.*

## Church News & Events

**Strasbourg Alliance Church**  
Sunday Worship Services 10:00 a.m.  
**Check out our website or Facebook for more information.**

**St. Rita Catholic Parish**  
Jan. 6 - 7:00 p.m. Jan. 14 - 11:00 a.m.  
Jan. 20 - 5:00 p.m. Jan. 28 - 9:00 a.m.



**St. John Lutheran Church**  
Jan. 7 - St. John 9:30 a.m./Norrone 11:30 a.m.  
Jan 14 - St. John 10:00 a.m./Norrone 11:30 a.m.  
Jan 21 - St. John 9:30 a.m./Norrone 11:30 a.m.  
Jan. 28 - St. John 9:30 a.m./Norrone 11:30 a.m.

Also, please visit <http://stjohnnorrone.com> for our services.

**Strasbourg United Church**  
Service at 10:00 a.m. on the first, second and fourth Sundays of the month.

**Calvary Fellowship Strasbourg**  
Sunday Worship Services 10:00 a.m.  
East Shore Wildlife Hall  
[www.ccregina.ca/strasbourg](http://www.ccregina.ca/strasbourg)

## Seniors Drop Inn Centre

**WEDNESDAY AFTERNOON COFFEE & CONVERSATION, TEA & TALK, OR WATER & WITTER!**, 2:00 p.m. to 4:00 p.m. Every Wednesday. Meet your friends for a quiet afternoon.  
**THURSDAY AFTERNOON BRIDGE**, 1:30 p.m. Bridge for everyone! Come learn, teach, laugh, chat and have fun. Every Thursday.  
**FRIDAY AFTERNOON CARDS & GAMES**, 1:30 p.m. Play Rook, 500, Crib, Rummy, Scrabble, Tile Rummy, Dominoes, etc. Followed by coffee and snacks. Every Friday. Cake, ice cream, and strawberries will be served on the last Friday to celebrate December birthdays!

Watch for a special event each month! Something different each month, usually on a Thursday afternoon.

**The Senior Drop Inn Centre is located in the Strasbourg Memorial Hall which is accessible from the back alley behind Long Lake Insurance and Strasbourg Family Foods.**

## Strasbourg Recreation Board Ongoing Events

Strasbourg Recreation Board is looking for new volunteer board members. If you are interested and have any questions please call Carol at (306) 725-3360. First meeting is January 8<sup>th</sup>, 2024 and anyone is welcome to attend.

**SENIOR FITNESS CLASSES (FIM) (50+ CO-ED FITNESS CLASS)**, Every Monday & Thursday, 10:00 a.m. to 11:00 a.m. in the Lower Hall. Walking at 9:30 a.m. Bring water bottle, clean indoor runners, and band. Can purchase a band at class for \$5.00. Class is free. Come out, get moving, and have some fun!

**INDOOR WALKING**, 9:00 a.m. – 10:00 a.m. Strasbourg Memorial Lower Hall. Walking every Tuesday and Friday. Clean indoor runners required. Everyone welcome. Sponsored by the Strasbourg Rec Board. Call Diane with any questions at (306) 725-8101.

**PICKLEBALL**, 4:30 p.m. Every Sunday at Strasbourg School (WDS) Gym. Bring water bottle & clean indoor shoes. \$50.00 membership or \$5.00 drop-in fee. New players always welcome. Age 18+.

**CHAIR YOGA**, 12:20 p.m. – 12:50 p.m., Strasbourg Lower Memorial Hall. \$15.00 drop-in or \$50.00/for 5-week session. **Every Friday until February 9<sup>th</sup>.**

## Snow Angels Program



Call or text (639) 914-7088 if you are a senior who needs help with snow removal.

## Last Mountain Regional Landfill

**Winter Hours of Operation: November 1 – April 30**  
Wednesdays & Saturdays 10:00 a.m. - 3:00 p.m.

**Landfill Operator (306) 725-7010**  
**Landfill Administrator (639) 914-7773**

Located on Highway 220 one mile west of the Highway 322 & 220 junction

**As Strasbourg is not a member of the Last Mountain Regional Landfill Authority, please note there will be a \$20.00 non-member surcharge required in addition to the cost per load to utilize the landfill.**

## Senior Citizen's Taxi Service January Drivers



Glen Thompson	(306) 725-7149
Gary Frizzell	(306) 737-8577
Donna Kelln	(306) 725-4508
Sylvia Appel	(306) 725-3347 LO
Kris Thompson	(306) 725-3242

**Winter Rates: November 1 – April 30**  
**All Local (Strasbourg) Trips: \$5.00 per trip (Suggested)**  
**Trips out of Town: \$0.45 per km**

**Trips to Regina: \$75.00 per trip (Suggested)**  
**\*LO denotes Local Only – These driver's only do in-town trips**

*Drivers driving the Last Mountain Pioneer Home Bus are not to be paid. This is a volunteer service. Fees paid for the use of the bus go to the LMPH Foundation Board.*

**Taxi Service Coordinator Sherry Burgess (639) 914-7006**  
**(will drive whenever needed)**