

# THE SPOTLIGHT

THE OFFICIAL MONTHLY NEWSLETTER & COMMUNITY CALENDAR  
FOR THE TOWN OF STRASBOURG



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## SENIOR CITIZENS DROP-IN CENTRE

Strasbourg is a wonderful, small community in which to live. It is full of caring people who volunteer countless hours to help make it even better. There are many groups and organizations that participate in enhancing the experience of living in Strasbourg - Recreation Board, Sports Park Board (and all of the Rodeo Committees, Ball Teams, etc.), Recreation Centre Board (and curling and hockey groups), Age Friendly Recreation Board, Library Board, LMPH Auxiliary - to name just a few.

One of the groups whose members contribute a great deal of volunteer time to the community is the Strasbourg and District Seniors Club - we are about 35 members strong and most of those 35 are involved in many of the aforementioned organizations, as well as others. One could wonder how up to 24 of those members find the time on Friday afternoons to get together for friendship, laughter and cards (and of course cake and ice cream and fruit on the last Friday of the month to celebrate that month's birthdays!).

At present, we have Friday afternoon cards and games, we have been hosting Monday Bridge once a week. With the onset of winter though, we decided to go to LMPH to play (a resident there is 97 and we felt it best to go to her, rather than bringing her to the Drop-In. We will get back to the Drop-In this spring hopefully).

There is also one Special Event held at the Drop-In each month, usually on a Thursday. In the past year or so, we have held several Bingo's (the most popular event), Whist Drives, Crib Tournaments, and Scrabble Days. These events are open to anyone 55 years and older. Watch the Community Calendar and Senior Drop-In Corner in the Spotlight for information.

Our Club is always looking for new members. You can join for a mere \$25.00 per year. There are unlimited benefits - exercise (if you walk over the the Drop-In!), camaraderie among friends, getting to know other seniors in the area, keeping your mind sharp by exercising your brain regularly, sharing coffee and tea with others, and the list goes on. Why not consider joining? We'd love to have you.

Sherry Burgess, President



(306) 725-3707



strasbourg@sasktel.net



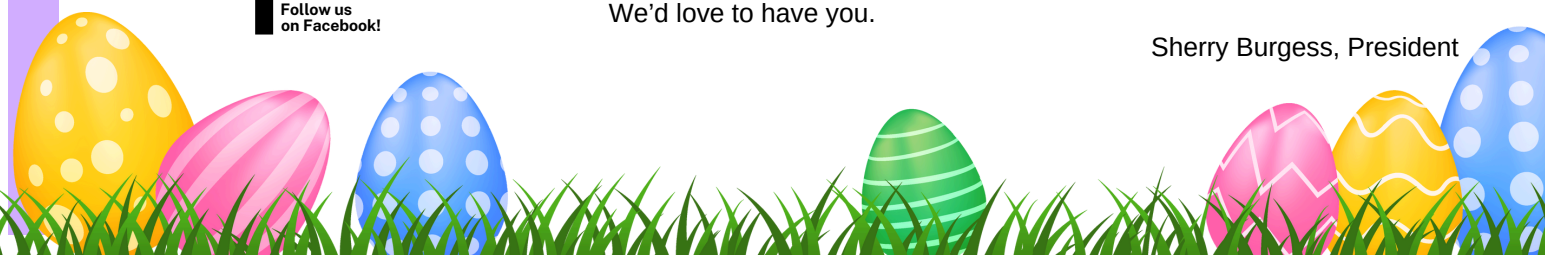
www.townofstrasbourg.ca



#1-200 Mountain Street  
Box 369, Strasbourg, SK



Office Hours M-F  
8:30 a.m. - 4:00 p.m.



# WE ARE HIRING



## (1) FULL-TIME SEASONAL PUBLIC WORKS POSITION

- MUST HAVE EXPERIENCE OPERATING EQUIPMENT & PERFORMING MAINTENANCE WORK
- POSITION AVAILABLE FROM APRIL TO OCTOBER - MUST BE FLEXIBLE ON START & END DATES
- WAGE COMMENSURATE WITH EXPERIENCE



## (2) SEASONAL PUBLIC WORKS STUDENT POSITIONS

- POSITIONS AVAILABLE FROM MAY TO AUGUST
- WILL ACCEPT STUDENTS FROM WDS IN JULY & AUGUST
- \$16-18 PER HOUR

- ALL POSITIONS MUST HAVE VALID DRIVER'S LICENSE
- DUTIES FOR ALL POSITIONS INCLUDE GRASS CUTTING, STREET REPAIR, TREE & PARK MAINTENANCE, PAINTING, ETC.
- ALL POSITIONS WORK MONDAY TO FRIDAY WITH THE POSSIBILITY OF OCCASIONAL WEEKEND WORK

**DEADLINE FOR APPLICATIONS: FRIDAY, APRIL 4 AT 4:00 P.M.**

SEND RESUME AND COVER LETTER INDICATING EXPERIENCE AND AVAILABILITY TO:  
TOWN OF STRASBOURG  
C/O JENNIFER GRITZFELD, CAO  
STRASBOURG@SASKTEL.NET

NOT ALL THAT APPLY WILL BE  
CONTACTED FOR INTERVIEWS

## April Residential Garbage & Recycling Days

April 2 - Recycling  
April 16 - Recycling  
April 30 - Recycling

April 9 - Garbage  
April 23 - Garbage



**Garbage & Recycle Cart Reminders:** Please have your cart out prior to 7:00 a.m. on pick-up days, and remove your cart from the street within 24 hours of pick-up to not hinder snow removal or street sweeping. If your cart is damaged, please call the Town Office to arrange for a replacement cart through Loraas.

## 2025 TOWN OF STRASBOURG TRANSFER STATION DAYS



**TOWN RESIDENTS ONLY**  
**TRANSFER STATION LOCATED 1 MILE NORTH OF GOLF COURSE**

### YARD WASTE DAYS

- Saturdays in May
- First Friday in June, July, August & September
- Saturdays in October
- One Sunday in May & Oct on Cleanup Weekends

### YARD WASTE DAYS

- Saturday, May 3: 9-12
- Saturday, May 10: 9-12
- Saturday, May 17: 9-12
- Sunday, May 18: 9-12
- Saturday, May 24: 9-12
- Saturday, May 31: 9-12

### YARD WASTE DAYS

- Friday, Jun 6: 1-4
- Friday, July 4: 1-4
- Friday, Aug 1: 1-4
- Friday, Sep 5: 1-4

### YARD WASTE DAYS

- Saturday, Oct 4: 9-12
- Sunday, Oct 5: 9-12
- Saturday, Oct 11: 9-12
- Saturday, Oct 18: 9-12
- Saturday, Oct 25: 9-12

**ONLY BRANCHES, LEAVES, GRASS, AND UNTREATED WOOD ACCEPTED**  
**BAGGED LEAVES AND GRASS WILL HAVE TO BE OPENED AND EMPTIED INTO THE PIT**

## FREE SPRING CLEANUP WEEKEND

Saturday, May 17 & Sunday, May 18: 9-12 both days

- **ITEMS ACCEPTED:** HOUSEHOLD WASTE, FURNITURE, SMALL DEMO PROJECTS, APPLIANCES AND OTHER METALS
- **ITEMS NOT ACCEPTED:** LARGE DEMOLITION PROJECTS (INCLUDING CONCRETE & ASPHALT), RUBBER TIRES, USED OIL, AND HOUSEHOLD HAZARDOUS WASTE
- **YOU CAN MAKE UNLIMITED VISITS DURING THE OPEN TIMES**
- **PLEASE BRING ID THAT BEARS TOWN CIVIC ADDRESS IN CASE YOU NEED TO PRODUCE IT**
- **TRANSFER STATION WILL BE MANNED BY PUBLIC WORKS STAFF DURING OPEN TIMES AND ALL LOADS WILL BE INSPECTED AND SORTED**
- **PUBLIC WORKS STAFF HAVE THE RIGHT TO REFUSE ANY LOAD**

## \$20/LOAD FALL CLEANUP WEEKEND

Saturday, Oct 4 & Sunday, Oct 5: 9-12 both days

- **EVERY LOAD IS \$20 REGARDLESS OF SIZE SO FILL UP YOUR TRUCK!**
- **YOU CAN MAKE UNLIMITED VISITS DURING OPEN TIMES, BUT EACH LOAD IS \$20**
- **METALS AND APPLIANCES ARE FREE OF CHARGE AND PLACED IN THE METAL PILE**
- **ALL REGULAR REQUIREMENTS FOR THE TRANSFER STATION ARE IN EFFECT**

## Advertise in the Spotlight!

We'd love to start advertising your business!

Advertising helps with the copy and distribution costs. As the newsletter grows, so will the audience reach.  
**Contact the Town Office to advertise!**

Business Card \$10/month or \$100/year  
1/4 page \$15/month or \$150/year  
1/2 page \$30/month or \$300/year  
Full page \$60/month or \$600/year

Remove the staple from the corner,  
and hang on the fridge!



# APRIL COMMUNITY CALENDAR

**APRIL 1 - YOGA**, 6:30 a.m. – 7:30 a.m., Strasbourg Memorial Lower Hall. Four-week session \$20.00. Every **Tuesday until April 29**. Please bring a mat and two blocks. If you need equipment, please call/text Ashley at (639) 914-7088.

**APRIL 1 - INDOOR WALKING POSTPONED UNTIL THE FALL**. Enjoy the spring weather!

**APRIL 1 - AL-ANON**, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend. **Every Tuesday**.

**APRIL 3 - PLAY GROUP**, 10:00 a.m. - 12:00 p.m., Strasbourg Alliance Church. Come and spend time with other caregivers while children play. **Every Thursday**.

**APRIL 3 - STRASBOURG FOREVER IN MOTION (SENIOR FITNESS 50+)**, 10:00 a.m. - 11:00 a.m., Strasbourg Memorial Lower Hall. **Every Monday and Thursday**. If you wish to walk ahead of time, please come at 9:30 a.m. Please bring clean runners, fitness band, and water bottle. All fitness levels are welcome. Free event but donations welcome. Note: this is a scent free activity. Any questions, please call Diane (306) 725-8101.

**APRIL 4 - BULYEA FOREVER IN MOTION (SENIOR FITNESS 50+)**, 10:00 a.m. - 11:00 a.m., Bulyea Hall. **Every Friday**. Please bring clean runners, a water bottle and fitness band if you have one. Hall will be open to walk at 9:30 a.m. Call Sharon Uhl at (306) 725-7328 if you have questions.

**APRIL 4 - SENIOR DROP-IN FRIDAY AFTERNOON CARDS**, Door opens by 1:00 p.m. Games begin as members arrive. Break for coffee at 2:30 p.m. and then continue play until approximately 4:00 p.m. Cake, ice cream, and fruit on the last Friday to celebrate birthdays for the month. **Every Friday**.

**APRIL 6 - INDOOR PICKLEBALL**, 3:00 p.m. – 6:00 p.m., Strasbourg School (WDS) Gym. Enter through the middle doors. \$50.00 for the season or \$5.00 drop-in. Please bring clean, non-marking shoes. **Every Sunday**. Everyone 18+ and new players are always welcome. For questions, please call Diane (306) 725-8101.

**APRIL 6 - ADULT CO-ED REC VOLLEYBALL**, 7:30 p.m. - 9:00 p.m. Strasbourg School (WDS) Gym. Enter through the middle doors. \$20.00 for January-June or \$2.00 drop-in. Please bring clean, non-marking shoes. **Every Sunday**. Everyone 18+ are welcome.

**APRIL 7 - SENIOR DROP-IN MONDAY BRIDGE**. The Bridge group will be meeting at Last Mountain Pioneer Home to play with Jean Thomas. Will move back to Senior Drop-In in May. **Every Monday**.

**APRIL 7 - DUVAL OPTIMIST CLUB BINGO**, Duval Hall. Speedos at 7:00 p.m. Regular games half an hour later.

**APRIL 9 - TOWN COUNCIL MEETING**, 1:00 p.m., Town Council Chambers.

**APRIL 10 - FIRE TRAINING & MEETING**, 7:00 p.m., Strasbourg Fire Hall.

**APRIL 10-12 - LAST MOUNTAIN THEATRE COMPANY & BULYEA COMMUNITY THEATRE SPRING PRODUCTION**, Strasbourg Memorial Hall. Three One-Act shows - 'I Dream Before I Take the Stand,' 'A Little Something for the Ducks,' and 'Matterhorn.' Tickets are available at the Strasbourg Town Office or email lastmountaintheatre@gmail.com. April 10th performance only. April 11th and 12th dinner theatre. Play only tickets - \$25.00. Dinner theatre tickets - \$60.00. Dinner Theatre begins at 5:30 p.m. Show begins at 7:30 p.m. Play tickets available at the door each night. Cash bar. All proceeds from the show going to Memorial Hall upgrades and TheatreOne Festival expenses.

**APRIL 11 - HAM BINGO**, 7:00 p.m., Duval Hall. Prizes of ham, bacon, and chocolate. All proceeds to community projects and youth programs.

**APRIL 12 - BETWEEN FRIENDS QUILT GUILD MEETING**, 10:00 a.m., Strasbourg Alliance Church. Pot luck lunch at 12:00 p.m. For information, call Lesley at (306) 725-4925.

**APRIL 15 - BETWEEN FRIENDS QUILT GUILD 25TH ANNIVERSARY DISPLAY**, 11:00 a.m. - 3:00 p.m., Strasbourg Memorial Lower Hall. Everyone welcome. This group receives funding from SK Lotteries.

**APRIL 15 - STRASBOURG AGE FRIENDLY RECREATION BOARD TOONIE LUNCH**, 11:30 a.m. – 12:30 p.m., Strasbourg Memorial Hall. Menu is a soup bar, sandwiches, and desserts. Call Sherry (639) 914-7006 for a free ride to the event. Everyone 55 and older. \$2.00 or donation.

**APRIL 17 - STORY TIME**, 10:30 a.m., Strasbourg Library. All preschool children welcome.



# APRIL COMMUNITY CALENDAR

**APRIL 17 - SENIOR DROP-IN SPECIAL EVENT**, 1:00 p.m. Come play Rummi Kub with your friends. Join later if you want. Just for fun. Maybe door prizes. Coffee available.

**APRIL 17 - RAZZLE DAZZLE THRIFT STORE EASTER HAT PARADE**, 2:00 p.m. - 4:00 p.m. We invite anyone who would be interested to create an Easter Bonnet and take part in our Easter Hat Parade. A fashion show will follow displaying some of the wonderful items we have in the store. The Thrift Store is open from Wednesday to Saturday, 11:00 a.m. - 5:00 p.m. We only accept cash. 136 Mountain Street.

**APRIL 17-20 - COMMUNITY EASTER EGG HUNT**. Pick up entry forms at the Post Office. Everyone who completes the hunt will get a treat, which will be available at Family Foods until April 21.

**APRIL 21 - DUVAL OPTIMIST CLUB BINGO**, Duval Hall. Speedos at 7:00 p.m. Regular games half an hour later.

**APRIL 23 - FIRE TRAINING & MEETING**, 7:00 p.m., Strasbourg Fire Hall.

**APRIL 24 - WELLNESS CLINIC**, 1:30 p.m., Strasbourg Branch Library. Men's Health, Testicular & Prostate Cancer led by Jennelle Hubick, NP. Foot care provided by Peggy Gwillim for \$15.00. To book foot care, call (639) 914-7088. For a free ride, call Sherry at (639) 914-7088.

**APRIL 25 - NO ONE EATS ALONE**, 5:00 p.m., hosted at Sister's Cafe. To register, please call/text (639) 914-7088. Enjoy a great meal and good company.

**APRIL 28 - WILL & ESTATE PLANNING**, 7:00 p.m., Strasbourg Library. Presentation by Kayla McKinnon, B.A., J.D.

**APRIL 30 - TOWN COUNCIL MEETING**, 7:00 p.m., Town Council Chambers.

## UPCOMING EVENTS

**MAY 2-4 - STRASBOURG AGE FRIENDLY RECREATION BOARD WINDOW WASHING SERVICE FOR RESIDENTS 55+**. \$10.00-\$20.00 depending on number of windows. Exterior main floor windows only. Call or text (639) 914-7088 by April 30th to get on the list.

**MAY 3 - EMERGENCY PREPAREDNESS DAY**, 11:00 a.m. - 3:00 p.m., Strasbourg Memorial Hall. Help kick off Emergency Preparedness Week with the Strasbourg Emergency Measures (EMO) Committee. Fundraising BBQ by the Strasbourg & District Fire & Rescue. Guest speakers and trade show from a variety of Emergency Services, both locally and provincially. Watch for more information!

**MAY 5 - NAIL DAY BY DANA JONES**, Strasbourg Lions Den. \$10.00 Polish Manicures. Please book an appointment by calling or texting (639) 914-7088.

**MAY 17 - COMMUNITY GARAGE SALE**, 9:00 a.m. - 2:00 p.m. Register your address by May 9 to be included in advertising. To register, please contact Carol (306) 725-3360.

**MAY 24 - STRASBOURG REC BOARD STAY AT HOME COURSE**, 9:00 a.m. - 1:00 p.m., Strasbourg Memorial Hall. To register, please call Jill Heisler (306) 527-4667. Limited spots available.

**MAY 31 - PLANT EXCHANGE**, 10:00 a.m. - 12:00 p.m., Strasbourg Museum. Bring your extra perennials or bedding plants and pick up some new ones.

Submit your events and ads on or before the 23rd of each month to [strasbourg@sasktel.net](mailto:strasbourg@sasktel.net).

While we make every effort to ensure accuracy, errors and omissions still may occur and are not intentional.

Age Friendly Strasbourg in partnership with Strasbourg Shared Ministry will be taking names for anyone needing a food hamper. All information will be kept confidential. Financial donations can be left at the Strasbourg Co-op. Please make cheques payable to Strasbourg Shared Ministry. If you or someone is in need of a food hamper, please contact Ashley at (639) 914-7088.





### ADVERTISING DONE YOUR WAY

- CUSTOM SIGNS
- HEAT PRESS
- ATHLETIC WEAR
- DECALS
- EMBROIDERY
- CLOTHING

**STRASBOURG, SK**

**1-306-725-3484**

**89imprinting.com**

**eightynineimprinting@sasktel.net**

## Strasbourg Hardware & Variety

**(306) 725-3033**

**Monday-Saturday**  
**9:00 a.m. - 12:30 p.m. &**  
**1:00 p.m. - 5:30 p.m.**

**125 Mountain Street**

*Come see us for  
all your spring  
needs!*

## Lunch N' Munch Restaurant & Bar

218 Ashley Street, Bulyea, SK  
 Open Daily 9:00 a.m. - 8:00 p.m.

- Full menu of delicious home cooked meals
  - Chinese food, Filipino food
  - Frozen meals, buns, bierok, cinnamon rolls, pizza
  - Gluten free meals
  - Special rooms for birthdays, anniversaries, weddings, any type of gatherings
  - R/O water and bagged ice
  - Fully-licensed off-sale
  - Rooms for rent, plus meals
  - Take out orders at
- (306) 725-3011**

**Check out our Facebook page at  
Lunch N' Munch Bulyea**

*All products are made in a fully  
inspected premises*

## Age Friendly Taxi Service Policy Overview



1<sup>st</sup> trip FREE  
 2<sup>nd</sup> trip \$21.25  
 3<sup>rd</sup> trip \$42.50  
 4<sup>th</sup> trip \$63.25  
 5<sup>th</sup> trip+ \$85

### What to use the taxi service for!

- ✓ Medical appointments
- ✓ Medication Pick-up
- ✓ Financial Matters
- ✓ Other Urgent Needs
- ✓ Pressing Necessities



After a 12-month period  
number of rides  
re-sets to zero.



To Book Ride:  
Call or Text Ashley  
1(639) 914-7088

 **Age-Friendly**  
Strasbourg

Strasbourg Age Friendly Recreation Board



## SENIOR CITIZENS DROP-IN CENTRE

**MONDAY BRIDGE** - Group will be meeting at LMPH to play with Jean Thomas. We will move back to Senior Drop-In for May.

**FRIDAY AFTERNOON CARDS** - Door will be open by 1:00 p.m. Games begin as members arrive. Break for coffee at 2:30 p.m. and then continue play until approximately 4:00 p.m. Cake, ice cream and fruit on the last Friday to celebrate birthdays for the month.

**APRIL 17 - SPECIAL EVENT**, Come play Rummi Kub with your friends. Starts at 1:00 p.m. Join later if you want. Just for fun. Maybe door prizes. Coffee available.

**The Senior Drop-In Centre is available for rentals! It is a perfect place to host a party or get together. Accommodates up to 40 people. \$50/day or \$75/two days. Contact Sherry at (639) 914-7006.**

**Why not join the Seniors Club? \$25.00 per year. Ages 55 & over. Everyone welcome.**

**The Seniors Drop-In Centre is located in the Strasbourg Memorial Hall, which is accessible from the back alley behind Long Lake Insurance and Strasbourg Family Foods.**

## CHURCH NEWS & EVENTS

### Strasbourg Alliance Church

Sunday Worship Services 10:00 a.m.

Youth Group every Friday 7:00 p.m. – 10:00 p.m.

**Check out [strasbourgalliance.ca](http://strasbourgalliance.ca) or Facebook for more info.**



### St. Rita Catholic Parish

April 5 - 7:00 p.m.

April 13 - 11:00 a.m.

April 20 Easter Sunday - 11:00 a.m.

April 26 - 5:00 p.m.

Mass times subject to change - check the sign at the Church if unsure.

### St. John Lutheran Church

April 6 - St. John 9:30 a.m.

April 13 - St. John 9:30 a.m.

April 17 Maundy Thursday - St. John 7:00 p.m.

April 18 Good Friday - St. John 9:30 a.m.

April 20 Easter Sunday - Norrona 8:00 a.m.

April 20 Easter Sunday - St John 11:00 a.m.

April 27 - St John 9:30 a.m.

**Also, please visit <http://stjohnnorrone.com> for our services.**

### Strasbourg United Church

We continue to have services the first, second, and fourth Sundays of the month at 10:00 a.m. Our new place of worship is the Conley Funeral Chapel at 407 Gastle Street.

April 18 Good Friday - 10:00 a.m.

April 20 Easter Sunday - 10:00 a.m.

No service on April 27

### Calvary Fellowship Strasbourg

Sunday Worship Services 10:00 a.m.

East Shore Wildlife Hall.

[www.ccregina.ca/strasbourg](http://www.ccregina.ca/strasbourg)

## 2025 SCOA Global Walk - January 1-April 30, 2025

Strasbourg Age Friendly once again encourages participation in the “virtual” 2025 SCOA Global Walk – Jan 1 – Apr 30, 2025, for adults 55 and over. Participants will record ANY physical activity which can include walking, active housework – vacuuming, washing clothes, etc., Forever in Motion (FIM) classes, curling, pickleball, really any time you are active. Distances and/or times are recorded and submitted monthly to the “Strasbourg Pacemakers” team leaders Vicki (306) 725-7603 or Rita (306) 725-7819. Tally sheets can be picked up and dropped off at the Town Office or FIM classes.





## Senior Citizen's Taxi Service APRIL DRIVERS

Glen Thompson (306) 725-7149  
Rita Kerr (306) 725-7819  
Ruth Heintz (306) 725-8106

Sylvia Appel \*LO (306) 725-3347  
Hardik Gheewala (437) 518-7567

All Local (Strasbourg) Trips: \$5.00 per trip (Suggested) Trips out of Town: \$0.55 per km

Trips to Regina: \$85.00 per trip (Suggested)

\*LO denotes Local Only – These drivers only do in-town trips

Drivers driving the Last Mountain Pioneer Home Bus are not to be paid. This is a volunteer service.

Fees paid for the use of the bus go to the LMPH Foundation Board.

Taxi Service Coordinator Sherry Burgess (639) 914-7006 (will drive whenever needed)

### STRASBOURG REC BOARD ONGOING EVENTS

#### FOREVER IN MOTION (SENIOR FITNESS 50+),

10:00 a.m. - 11:00 a.m.

Strasbourg Memorial Hall  
Every Monday and Thursday

#### INDOOR PICKLEBALL

3:00 p.m. - 6:00 p.m.

Strasbourg School (WDS) Gym  
Every Sunday

#### ADULT CO-ED REC VOLLEYBALL

7:30 p.m. - 9:00 p.m.

Strasbourg School (WDS) Gym  
Every Sunday

#### INDOOR WALKING

Postponed until the Fall.  
Get outside and enjoy the weather!

### LAST MOUNTAIN REGIONAL LANDFILL


Winter Hours of Operation: November 1 – April 30  
Wednesday & Saturday 10:00 a.m. - 3:00 p.m.



Landfill Operator (306) 725-7010 Landfill Administrator (639) 914-7773  
Located on Highway 220 one mile west of the Highway 322 & 220 junction

*As Strasbourg is not a member of the Last Mountain Regional Landfill Authority, please note there will be a \$20.00 non-member surcharge required in addition to the cost per load to utilize the landfill. They can accept cash or cheque.*

STRASBOURG  
BRANCH



PARKLAND  
REGIONAL  
LIBRARY  
<http://parklandlibrary.ca/>

Tuesday: 10:30 a.m. - 2:30 p.m. &  
3:00 p.m. - 6:00 p.m.  
Thursday: 10:30 a.m. - 4:30 p.m.  
Friday: 10:30 a.m. - 4:30 p.m.

## LIBRARY EVENTS!

Upcoming Story Times at 10:30 a.m.  
April 17 May 8 June 12

Any self-publishing local authors in the area? We would love to have your book on the shelves in the Library. Also looking for local authors to come out and read from their books. Contact Angela to make arrangements.

All new readers welcome! FREE WI-FI available. The Library has DVDs and VHS tapes available to be signed out. Contact Angela at (306) 725-3239 for more details.





Orders going into Nicky's Café for Microwavable Meals, Soups, Cabbage Rolls, & Olive Oil.

**Fast, Homemade and Delicious!**

**Orders Due Monday April 7<sup>th</sup> 12:00pm**

**Call or Text 1(639) 914-7088**

**Pickup Thursday April 17<sup>th</sup> Strasbourg Lower Hall 3:00pm-4:30pm**

Please Bring Exact \$ Due or Cheque Payable to Strasbourg Recreation Board

## *Microwavable Meals*

### **Roast Turkey \$11.00**

Oven roasted turkey, stuffing, mashed potatoes, gravy, mixed veggies.

### **Meatloaf \$11.00**

Homemade Meatloaf baked in the oven, with mashed potatoes, mushroom gravy and Mixed veggies.

### **Liver & Onions \$11.00**

Breaded beef liver topped with sauteed onions, mashed potatoes, gravy, and mixed veggies.

### **Chicken Parmesan \$11.00**

Whole chicken breast topped with our tomato parmesan sauce, penne pasta and mixed veggies.

### **Salisbury Steak \$11.00**

Beef Salisbury Steak, topped with onions and gravy, mashed potatoes.

### **Pork Cutlets \$11.00**

Breaded pork cutlets, gravy mashed potatoes and mixed veggies.

### **Ukrainian Dinner \$11.00**

Cabbage roll, perogies, topped with onions, kolbassa, and mixed veggies.

### **Greek Chicken \$11.00**

Whole chicken breast topped with our famous Greek mushroom sauce, lemon roast potatoes and mixed veggies.

### **Lentil Soup \$10.00**

### **Beef Barley Soup \$10.00**

### **Cabbage Roll Soup \$10.00**

### **Dill Pickle Soup \$10.00**

## *Soups*

### **Beef Stew \$10.00**

### **Lemon Chickpea \$10.00**

### **Chili \$10.00**

### **Borscht \$10.00**

## *Cabbage Rolls*

**Cooked Beef Cabbage Rolls \$29.00 (1.5 kgs)**

**Uncooked Beef Cabbage Rolls \$24.00 (1.5kgs)**

## *Olive Oil*

**Olive Oil \$26.00**

From Nicky's Hometown area of Greece including olives from his own trees.

