THE

SPOTLIGHT

THE OFFICIAL MONTHLY NEWSLETTER & COMMUNITY CALENDAR FOR THE TOWN OF STRASBOURG



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Office Hours M-F 8:30 a.m. - 4:00 p.m.



FIRE DEPARTMENT 2024 ANNUAL REPORT

The Strasbourg & District Fire & Rescue (SDFR) had an unusual year. It was a year of only 20 call-outs but they came in bunches in short periods of time. We had nine fire call-outs, six motor vehicle collision call-outs, three false alarms, and two STARS Landings. During harvest, we had five active calls in 12 days, one being a house fire. This puts a real strain on our agricultural-related members, as it is their busiest time of year. Thank you to all the members who attended calls during these busy times.

The SDFR consists of 30 members including two junior firefighters. During the year we averaged 14 members per call. We are always looking for new members. If you are interested, please stop by the Fire Hall. Our meeting nights are the second Thursday and last Wednesday of every month.

Our 2024 training consisted of Self Contained Breathing Apparatus (SCBA) training, traffic control, fire hoses and streams, STARS Landings, auto extrication, and emergency planning and preparedness. We also worked on training the newer members as well as refreshing the seasoned members by going back to basics and working on proper Don/Doff of Personal Protective Equipment (PPE) as well as Firefighter Basics. This will be ongoing through 2025.

On June 8, we held our 3rd Annual Golf Tournament in Strasbourg. Proceeds from this fundraiser go directly to the new Fire Hall account within the SDFR. This event would not be possible without the help from our local community, businesses, and Golf Club. This year's tournament and raffle made a profit of \$11,000. Our 2025 tournament will be Saturday, June 7 - mark your calendars!

On behalf of the SDFR, I hope everyone has a safe 2025. Thank you!

Fire Chief Greg Yung

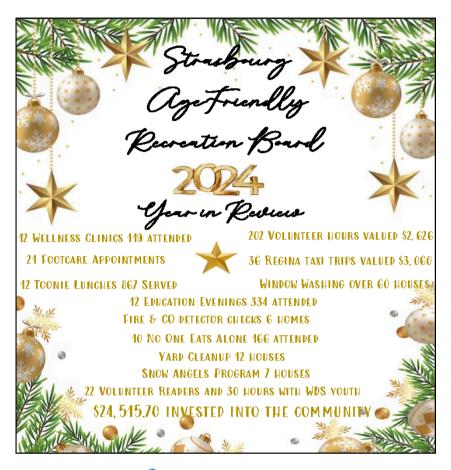


STRASBOURG AGE-FRIENDLY RECREATION BOARD SURVEY & INFORMATION

Strasbourg Friendly Age Recreation Board has received Saskatchewan Senior's Mechanism (SSM) grant for 2025, and in order for the organization to fulfill their commitment to receive this funding, they are asking for the community to the **Age-Friendly** answer Assessment Survey and turn it back into the Town Office by Friday, February 14th.

The questionnaire is located on the last two pages of the newsletter.

Thank you for supporting our efforts in attempting to provide services and programs that are requested from the community. Any questions about the survey, please call Community Coordinator Ashley Scholefield at (639) 914-7088.







February Residential Garbage & Recycling Days

February 5 - Recycling February 19 - Recycling

February 12 - Garbage February 26 - Garbage



Garbage & Recycle Cart Reminders: Please have your cart out prior to 7:00 a.m. on pick-up days, and remove your cart from the street within 24 hours of pick-up to not hinder snow removal or street sweeping. If your cart is damaged, please call the Town Office to arrange for a replacement cart through Loraas.



FEBRUARY COMMUNITY CALENDAR

JAN 29 - "LOVE AND RESPECT" MARRIAGE SERIES, 7:00 p.m. - 8:30 p.m., Strasbourg Alliance Church. Do you need to strengthen your marriage or connect more as a couple? Come to the "Love and Respect" marriage series. Babysitting is provided. Every Wednesday until March 12.

FEB 2 - INDOOR PICKLEBALL, 3:00 p.m. – 6:00 p.m., Strasbourg School (WDS) Gym. Enter through the middle doors. \$50.00 for the season or \$5.00 drop-in. Please bring clean, non-marking shoes. **Every Sunday**. Everyone 18+ and new players are always welcome. For questions, please call Diane (306) 725-8101.

FEB 2 - ADULT CO-ED REC VOLLEYBALL, 7:30 p.m. - 9:00 p.m. Strasbourg School (WDS) Gym. Enter through the middle doors. \$20.00 for January-June or \$2.00 drop-in. Please bring clean, non-marking shoes. **Every Sunday**. Everyone 18+ are welcome.

FEB 3 - FOREVER IN MOTION (SENIOR FITNESS 50+), 10:00 a.m. - 11:00 a.m., Strasbourg Memorial Lower Hall. Every Monday and Thursday. **If you wish to walk ahead of time, please come at 9:30 a.m.** Please bring clean runners, fitness band, and water bottle. All fitness levels are welcome. Free event but donations welcome. Note: this is a scent free activity. Any questions, please call Diane (306) 725-8101.

FEB 3 - SENIOR DROP INN MONDAY BRIDGE. The Bridge group will be meeting at Last Mountain Pioneer Home to play with Jean Thomas. Most likely to continue meeting through the winter months. **Every Monday**.

FEB 3 - DUVAL OPTIMIST CLUB BINGO, Duval Hall. Speedos at 7:00 p.m. Regular games half an hour later. Bring an item for the Strasbourg Food Hampers and receive a free 3-up card.

FEB 4 - INDOOR WALKING, 9:00 a.m. - 10:00 a.m. Strasbourg Memorial Lower Hall. Every Tuesday, Wednesday and Friday. Clean indoor runners required. Everyone welcome. Sponsored by the Strasbourg Rec Board. Call Diane with any questions at (306) 725-8101.

FEB 4 - SENIOR DROP INN TUESDAY QUIET TIME, 2:00 p.m. – 4:00 p.m. Every Tuesday.

FEB 4 - AL-ANON, 8:00 p.m., St. John Lutheran Church basement. For family and friends of alcoholics. Everyone is welcome to attend. Every Tuesday.

FEB 5 - STRASBOURG AGE FRIENDLY MEALS ON WHEELS. Every Wednesday until March, have a hot, home-cooked meal delivered to your door. \$40/month. Cash payments on the first Wednesday of the month. Meals cooked and prepared by Michelle Gotch of Mama Bear's Den. To book, please call/text (639) 914-7088.

FEB 5 - DUVAL RINK WING NIGHT, 5:00 p.m.

FEB 5 - TOWN COUNCIL MEETING, 7:00 p.m., Town Council Chambers.

FEB 7 - SENIOR DROP INN FRIDAY AFTERNOON CARDS, Door opens by 1:00 p.m. Ice cream and birthday cake served on the last Friday to celebrate monthly birthdays! **Every Friday**.

FEB 10 - WELLNESS CLINIC, 1:00 p.m., Strasbourg Branch Library. Presentation by Forever In Motion - Looking After Your Physical & Mental Health. Foot care provided by Peggy Gwillim for \$15.00. To book foot care, call (639) 914-7088. For a free ride, call Sherry at (639) 914-7088.

FEB 12 - DUVAL RINK BURGER NIGHT, 5:00 p.m.

FEB 13 - STORY TIME, 10:30 a.m., Strasbourg Library. All preschool children welcome.

FEB 13 - FILL THE COMMUNITY WITH LOVE. The Strasbourg Age-Friendly Recreation Board in partnership with Bulyea Elementary School and William Derby School are delivering Valentine's Day packages around the community. If you would like to help deliver, meet at the Strasbourg Memorial Hall at 11:00 a.m. If you know of anyone needing some extra LOVE call/text (639) 914-7088.

FEB 13 - FIRE TRAINING & MEETING, 7:00 p.m., Strasbourg Fire Hall.

FEB 13-15 - ANNUAL CURLING SPIEL, Strasbourg Curling Rink.

FEBRUARY COMMUNITY CALENDAR

FEB 14 - NO ONE EATS ALONE, 5:00 p.m., Digers. To register, please call/text (639) 914-7088. Enjoy a great meal and good company.

FEB 14 - VALENTINE'S DAY DANCE FOR COUPLES, 7:00 p.m. Duval Hall. Featuring live music by Ultralounge Jim Chute and Terry Hancock. Lunch at 10:00 p.m. \$25.00/person. Call (306) 725-7405 for reservations.

FEB 17 - DUVAL OPTIMIST CLUB BINGO, Duval Hall. Speedos at 7:00 p.m. Regular games half an hour later. Bring an item for the Strasbourg Food Hampers and receive a free 3-up card.

FEB 18 - STRASBOURG AGE FRIENDLY RECREATION BOARD TOONIE LUNCH, 11:30 a.m. – 12:30 p.m., Strasbourg Memorial Hall. Menu is bierok, perogies, sausage, sauerkraut, and apple strudel. Call Sherry (639) 914-7006 for a free ride to the event. Everyone 55 and older. \$2.00 or donation.

FEB 19 - HEARING TEST CLINIC, 1:00 p.m., Strasbourg Town Office Rental Space. To book, please call/text (639) 914-7088.

FEB 19 - DUVAL RINK WING NIGHT, 5:00 p.m.

FEB 20 - SENIOR DROP INN SPECIAL EVENT, 2:00 p.m. A Whist Drive. Silver collection at the door. Coffee and cookies served.

FEB 23 - DUVAL OPTIMIST CLUB FAMILY SKI-DOO POKER DERBY, 1:00 p.m. registration, Duval Rink. Ride must be completed by 5:30 p.m. No ATV's allowed. \$20.00 a rider, \$10.00 for kids, \$10.00 for ghost hands. 80% payout and 20% to go to Telemiracle. 100% payout for kids. Lunch will be served after the derby and there will be no alcohol during the run. For more information, call Al Magel at (306) 731-8071.

FEB 26 - DUVAL RINK BURGER NIGHT, 5:00 p.m.

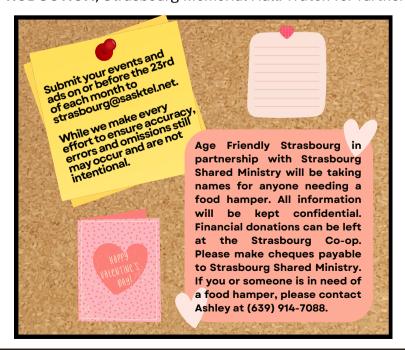
FEB 26 - FIRE TRAINING & MEETING, 7:00 p.m., Strasbourg Fire Hall.

FEB 27 - WORKING WITH GLASS, 7:00 p.m., Strasbourg Branch Library. Erin Beth will be doing a presentation on producing and creating stained glass.

UPCOMING EVENTS

MARCH 13 - STORY TIME, 10:30 a.m., Strasbourg Library. All preschool children welcome.

APRIL 10-12 - LAST MOUNTAIN THEATRE COMPANY & BULYEA COMMUNITY THEATRE SPRING PRODUCTION, Strasbourg Memorial Hall. Watch for further advertising!





Business Card \$10/month or \$100/year 1/4 page \$15/month or \$150/year 1/2 page \$30/month or \$300/year Full page \$60/month or \$600/year





Strasbourg Hardware & Variety (306) 725-3033 Monday-Saturday 9:00 a.m. - 12:30 p.m. & 1:00 p.m. - 5:30 p.m. 125 Mountain Street Come see us for all your winter needs!



SENIOR DROP INN CENTRE

MONDAY BRIDGE - Group will be meeting at LMPH to play with Jean Thomas. Most likely to continue through the winter months.

TUESDAY QUIET TIME - 2:00 p.m. - 4:00 p.m.

FRIDAY AFTERNOON CARDS - Door will be open by 1:00 p.m. Ice cream and birthday cake on the last Friday of the month.

FEB 20 - SPECIAL EVENT, 2:00 p.m. Whist Drive. Silver collection at the door. Coffee and cookies will be served.

The Senior Drop Inn Centre is available for rentals! It is a perfect place to host a party or get together. Accommodates up to 40 people. \$50/day or \$75/two days. Contact Sherry at (639) 914-7006.

Why not join the Seniors Club? \$25.00 per year. Ages 55 & over. Everyone welcome.

The Seniors Drop Inn Centre is located in the Strasbourg Memorial Hall, which is accessible from the back alley behind Long Lake Insurance and Strasbourg Family Foods.

CHURCH NEWS & EVENTS

Strasbourg Alliance Church

Sunday Worship Services 10:00 a.m.

Youth Group every Friday 7:00 p.m. – 10:00 p.m.

Check out our website or Facebook for more info.

St. Rita Catholic Parish

Feb 2 - 9:00 a.m. Feb 8 - 7:00 p.m. Feb 16 - 11:00 a.m. Feb 22 - 5:00 p.m. Mass times subject to change - check the sign at the church if unsure.



St. John Lutheran Church

Feb 2 - St. John 9:30 a.m. Feb 9 - St. John 9:30 a.m. Feb 16 - St. John 9:30 a.m. Feb 23 - St. John 9:30 a.m. Also, please visit http://stjohnnorrona.com for our services.

Strasbourg United Church

We continue to have services the first, second, and fourth Sundays of the month at 10:00 a.m. Our new place of worship is the Conley Funeral Chapel at 407 Gastle Street.

Calvary Fellowship Strasbourg

Sunday Worship Services 10:00 a.m. East Shore Wildlife Hall. www.ccregina.ca/strasbourg

2025 SCOA Global Walk - January 1-April 30, 2025

Strasbourg Age Friendly once again encourages participation in the "virtual" 2025 SCOA Global Walk – Jan 1 – Apr 30, 2025, for adults 55 and over. Participants will record ANY physical activity which can include walking, active housework – vacuuming, washing clothes, etc., Forever in Motion (FIM) classes, curling, pickleball, really any time you are active. Distances and/or times are recorded and submitted monthly to the "Strasbourg Pacemakers" team leaders Vicki (306) 725-7603 or Rita (306) 725-7819. Tally sheets can be picked up and dropped off at the Town Office or FIM classes.



Senior Citizen's Taxi Service FEBRUARY DRIVERS

Glen Thompson Donna Kelln Margot Biller (306) 725-7149

(306) 725-4508 (306) 725-7555 Peter Barry Hardik Ghee (306) 725-3190

Hardik Gheewala (437) 518-7567

All Local (Strasbourg) Trips: \$5.00 per trip (Suggested) Trips out of Town: \$0.55 per km
Trips to Regina: \$85.00 per trip (Suggested)

*LO denotes Local Only - These drivers only do in-town trips

Drivers driving the Last Mountain Pioneer Home Bus are not to be paid. This is a volunteer service.

Fees paid for the use of the bus go to the LMPH Foundation Board.

Taxi Service Coordinator Sherry Burgess (639) 914-7006 (will drive whenever needed)

STRASBOURG REC BOARD ONGOING EVENTS

FOREVER IN MOTION (SENIOR FITNESS 50+).

10:00 a.m. - 11:00 a.m. Strasbourg Memorial Hall Every Monday and Thursday

INDOOR PICKLEBALL

3:00 p.m. - 6:00 p.m. Strasbourg School (WDS) Gym Every Sunday

ADULT CO-ED REC VOLLEYBALL

7:30 p.m. - 9:00 p.m. Strasbourg School (WDS) Gym Every Sunday

INDOOR WALKING

9:30 a.m. Every Monday, Wednesday and Thursday 9:00 a.m. Every Tuesday & Friday Strasbourg Memorial Hall

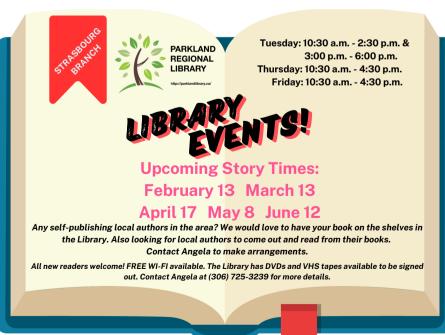
LAST MOUNTAIN REGIONAL LANDFILL

Winter Hours of Operation: November 1 – April 30 Wednesday & Saturday 10:00 a.m. - 3:00 p.m.



Landfill Operator (306) 725-7010 Landfill Administrator (639) 914-7773 Located on Highway 220 one mile west of the Highway 322 & 220 junction

As Strasbourg is not a member of the Last Mountain Regional Landfill Authority, please note there will be a \$20.00 non-member surcharge required in addition to the cost per load to utilize the landfill. They can accept cash or cheque.



FEBRUARY RINK REPORT

COME OUT TO THE RINK AND CHEER ON OUR TEAMS

FEBRUARY 1 - U7 HOME TOURNAMENT

FEBRUARY Z - U9 VS. LUMSDEN AT 10:30 A.M.

UII VS BRUNG AT 12:00 P.M.

FEBRUARY 7 - UIS VS WATROUS AT 6:00 P.M.

JR C MAROONS VS LUMSDEN AT 8:00 P.M.

FEBRUARY 14 - UIS VS DAVIDSON AT 6:00 P.M.

FEBRUARY 15 - U7 V5 LUMSDEN AT 9:00 A.M.

UIS VS FOAM LAKE AT 2:15 P.M.

FEBRUARY 21 - U9 V5 LUMSDEN AT 6:00 P.M.

FEBRUARY 23 - U9 V5 SOUTHEY AT 10:30 A.M.

FEBRUARY 28 - UIS PROVINCIAL GAME

BE SURE TO CHECK THE STRASBOURG + COMMUNITY RECREATION CENTRE'S
FACEBOOK PAGE FOR ALL PROVINCIAL AND PLAYOFF GAMES



STRASBOURG CURLING CLUB UPCOMING EVENTS





FEB 13-15 - ANNUAL SPIEL, Time TBA
MAR 14 - LATE NIGHT FUN SPIEL, 8:00 p.m.





Age-Friendly Assessment Survey

Thank you for participating in this survey. Please respond to the questions by circling the number that you feel is most accurate. The Strasbourg Age-Friendly Committee is gathering data of services and conditions in the **Town of Strasbourg**. Your responses are very important to help shape the plans for the Town's future.

Please return the survey by Friday, February 14, 2025 to the Town Administration Office. For more information about this survey, please call Community Coordinator Ashley Scholefield at (639) 914-7088,

Please circle your age range: under 40 40-54 55-64 65-74 75-84 85+

Assessment Grading System:

0-Don't Know 1-Poor 2-Fair 3-Good 4-Very Good 5-Excellent

1. SIDEWALKS, PATHWAYS, TRAILS, AND REST AREAS

Sidewalks, paths or trails are well maintained and snow cleared	0	1	2	3	4	5
Sidewalks have flat intersections so people with wheel chairs and scooters can	0	1	2	3	4	5
get around the community						
Benches or other seating are available along sidewalks, paths, or trails	0	1	2	3	4	5

2. PUBLIC RESTROOMS AND BUILDINGS

Buildings in the community have good signs to direct people to public washrooms	0	1	2	3	4	5
Buildings in the community have ramps with slope appropriate for wheel chairs	0	1	2	3	4	5
and/or handrails.						

3. TRANSPORTATION

Roads and streets are well maintained	0	1	2	3	4	5
Roads and streets are appropriately lit	0	1	2	3	4	5
Spaces for disabled parking are monitored to ensure space is available for those who need it	0	1	2	3	4	5
A volunteer and/or informal network of drivers is available for those who need transportation	0	1	2	3	4	5

4. HOUSING

Housing is located close to services	0	1	2	3	4	5
Affordable supports are available to help older adults stay in their residences	0	1	2	3	4	5
Affordable long-term care options are available	0	1	2	3	4	5
Services such as yard maintenance and snow clearing are available for older	0	1	2	3	4	5
adults						
Information on financial assistance programs for home modification and	0	1	2	3	4	5
maintenance is readily available to seniors						

5. RESPECT & SOCIAL INCLUSION/PARTICIPATION

Community activities bring together different generations	0	1	2	3	4	5
There is a range of social events for community members of all ages	0	1	2	3	4	5
Activities include physical, recreational, indoor and outdoor, and education and	0	1	2	3	4	5
cultural events						
Activities and events are held in locations that are accessible to all	0	1	2	3	4	5
Community organizations intentionally contact older adults who may not be able	0	1	2	3	4	5
to participate in most activities or events						
Organizations provide help for older adults to attend community events	0	1	2	3	4	5

6. COMMUNICATION & INFORMATION

Information about community events and activities is posted where older adults de their daily activities or gather	0	1	2	3	4	5
Achievements of older adults are highlighted in the local media	0	1	2	3	4	5
I use a computer and the internet	0	1	2	3	4	5

7. CIVIC PARTICIPATION & EMPLOYMENT OPPORTUNITIES

Older adults are encouraged to volunteer and remain engaged in the community	0	1	2	3	4	5
Older adults can be employed in the community	0	1	2	3	4	5

8. COMMUNITY SUPPORTS & HEALTH SERVICES

Physicians and nurse practitioners are available to the community	0	1	2	3	4	5
Public health nurses are available at health centres and to make home visits	0	1	2	3	4	5
Meal delivery is available and affordable	0	1	2	3	4	5
Delivery of groceries, medicines, and other needs are available and affordable	0	1	2	3	4	5
Transportation to medical appointments is available and affordable	0	1	2	3	4	5
Health services such as occupational and physical therapy, vision, dental care,	0	1	2	3	4	5
and foot care are available						
Programs such as mental health services, speciality clinics, and support groups	0	1	2	3	4	5
are available						

If you have other comments, please attach a sheet.